

Food & Nutrition

1	Recall Food Room rules, health, hygiene and safety expectations.
2	Recall the sections of the Eatwell Guide and the foods within each section.
3	Recognise breads of the world, associated bread facts and how to make it.
4	Identify facts relating to pizzas and know how to make them.
5	Identify facts relating to pasta and know how to make it.
6	Know several facts on Vegetarianism.
7	Know several facts on Fairtrade.
8	Bake a variety of products to a high standard and know some science behind it.